

VIA FERRATA PACKING LIST

Basic Equipment

- ☐ Climbing helmet
- ☐ Via ferrata set
- ☐ Climbing harness
- ☐ Lightweight climbing backpack
- ☐ Approach shoes
- ☐ Durable outdoor clothing
- ☐ Rain jacket
- ☐ Sun protection
- ☐ First-aid kit
- ☐ Mobile phone
- ☐ ID card and alpine club membership card
- ☐ Food and water

Optional Equipment

- ☐ Sling with carabiner
- ☐ Via ferrata gloves
- ☐ Short climbing rope and belay device
- ☐ Change of clothes
- ☐ Warm jacket
- ☐ Bivy bag
- ☐ Headlamp
- ☐ Crampons
- ☐ Ice axe
- ☐ Sunglasses